



# The Heritage

Heritage Chapter Bluebills  
Boeing Retiree Volunteer Newsletter

May 2022

WWW.BLUEBILLS.ORG

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## Presentation for May 27th

*By Jim Beasley*

The speaker for May 27 will be a Pastor from The Salvation Army. He will review the history, the changing of the organization to meet the needs of the world and the future.



DOING THE MOST GOOD



## April Meeting Summery

*By Mary Ulibarri*

Don Hilt opened the meeting at 10:30 AM with the Pledge of Allegiance. There was one April birthday in attendance and I think her name was Leona Hanson. Sorry, if I got that wrong. Here's my list from prior years: Chandler Lall, Patti Linscott, Helen Mah, Theodore Pfaff. There were no April anniversaries to celebrate.



We were pleased to meet a new member, Mike Keller, who gave a summary of his Boeing background. Welcome Mike. Then Janice Hawes confirmed there are still three Busy Bs members meeting most weeks. However, donations have been put on hold due to the ongoing COVID restrictions.

Reminder: please submit volunteer time to Mary at [marybarri20@gmail.com](mailto:marybarri20@gmail.com) or Dick Beham at [bbbeditor@live.com](mailto:bbbeditor@live.com).

Jim Beasley then introduced the two speakers from the American Red Cross: Abby Lutz, Regional Communications Manager, and Don Robertson, Communications Volunteer Lead. Their presentation included an informative slide show.

The American Red Cross (ARC), also known as The American National Red Cross, mission statement is **“The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the**



**power of volunteers and the generosity of donors.”** It is a non-profit humanitarian organization that provides emergency assistance, disaster relief, and disaster preparedness education.

The beneficiaries of the services that the organization offers are the major focus of this mission statement. This shows the value the institution places on people and that this is what motivates the management to keep doing more. The mission statement by the American Red Cross has the following main pieces:

**Improving communities.** The AMC was essentially founded to do just that, stimulate growth in societies that face disasters, and the organization has shown how well fit it is in this regard. The popularity linked to this company across the globe is because of how impactful it has been in restoring communities to better economic and social standings after serious catastrophes. That is why people say that the American Red Cross will always be there when they need it most.

**Improving lives.** The life of every person is important, and that is what the American Red Cross shows every single day through its campaigns and practical activities. They are always on the ground to help the needy through a variety of ways, with the most famed one being to find the ailing and injured the blood they need. By doing this, the ARC puts the health and life of the people first, and this adds to their overall improvement.

**Mobilizing.** The American Red Cross recognizes the magnitude of disasters can be overwhelming for any single entity. To address this, the organization takes mobilization to bring other players onboard very seriously as this is the only sure way to have long-lasting and comprehensive impacts everywhere.

The American Red Cross, born of a desire to bring assistance without discrimination to the wounded on the battlefield, endeavors—in its international and national capacity—to prevent and alleviate human suffering wherever it may be found. Its purpose is **to** protect life and health and to ensure respect for the human being.

The ARC is proud that an average of **90 cents** of every dollar being spent is invested in delivering care and comfort to those in need. Each year, the generous support of donors enables their disaster workforce— 90% volunteers—to help millions of people.

The American Red Cross is a **non-profit**, charitable organization, which means it gets the sum of its money to operate through donations from others.

**140 Years of service, innovation and hope.** Clara Barton was the American Red Cross founder. She was a hospital nurse in the American Civil War, a teacher, and a patent clerk. Since nursing education was not then very formalized and she did not attend nursing school, she provided self-taught nursing care.



Barton risked her life to bring supplies and support to soldiers in the field during the Civil War. **She founded the American Red Cross in 1881**, at age 59, and led it for the next 23 years. Her understanding of the ways she could provide help to people in distress guided her throughout her life.

**How does the Red Cross make money?**

They receive financial support from **voluntary public contributions** and from cost-recovery charges for some of their services, such as the provision of blood and blood products and health and safety training courses.

They rely on public donations, corporate partnerships, public grants and program revenue. In times of disaster or conflict, the Red Cross may launch an appeal for cash donations to support relief work in that area. They also accept donations to support their on-going national and international programs.

### Why is the Red Cross called the Red Cross?

During the 1864 meeting of the signing of the Treaty of Geneva, the Red Cross on a white background was chosen as the protective emblem. The Red Cross identified medical personnel and their facilities, becoming the basis for the International Red Cross.



### Is the Red Cross religious?

The Red Cross is not a religious symbol: due to the Swiss roots, it's actually the reverse of the Swiss flag. Though the red cross is meant to be a symbol of neutrality, some countries feel that it has religious, political or cultural connotations. To resolve perception issues, the Geneva Conventions have been amended to include the red crescent and the red crystal.



### What are the benefits of Red Cross?

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families.

What are the seven principles of Red Cross?

All ARC programs and activities are guided by the Fundamental Principles of **Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity and Universality**.

### How to Help

- Make a donation
- Sign up to volunteer
- Make a blood donation appointment
- Download their app

Abby and Don thanked the membership for the opportunity to present their mission to the Blue-bills audience and recommended a visit to their website for more information: [redcross.org](http://redcross.org). Jim presented a Boeing centennial book to each of the speakers and the meeting was closed with the door prize drawing.

## **Journey to Dementia – Tough decision made – Part 4**

*By Doug Hoople*

As February progressed, I realized a major decision had to be made. Even with all the help I was able to gather there still was not real respite care support for me.

At the end of the day when everybody has gone home, everything gets left with the lone caregiver. My Wife's condition and physical state was not changing or going to improve.

Continuing to do the same things and actions were not getting us anywhere and not making it better for the Wife.

After visiting possible placements, I chose a close care support home location that could provide the support my Wife needed.

The move was not easy but was accepted as one we needed to complete.

It was something we should have done earlier. The Hospice nurse has been able to get better control of her medical situation and eliminated many sleeping and behavior problems. The people at the care home have provided these services and care for over seventeen years, know what they are doing, and know how to care for her.

We are still able to keep her active and out in the community. She gets her by-weekly visits to a massage. Attends movies, visits our daughters (and families) in Seattle and Issaquah, attends grandson's school and sports activities, goes out to lunch, and just attended the Issaquah Village Theater.

We will be able to keep her engaged and active until her time comes. Life is now a little calmer, and we can be sure that we are still making the best decisions for patient care and safety.



# **BOEING CLASSIC**

**Boeing Classic - PGA Champions Tour**  
**Monday August 8th - Sunday August 14th**

**Volunteer Opportunity**

**Register Today!**

How many volunteer opportunities provide you the chance to keep score for a golf legend, drive a Major Champion to the airport, or walk 18 holes inside the ropes with the likes of Fred Couples, Bernhard Langer and Mark O'Meara?

*(Continued on page 5)*

Volunteer for the Boeing Classic and take be a part of one of the most unique experiences in sports. You'll play an integral role in staging the region's premier golf event, experience the camaraderie of working alongside a terrific team, and showcase the passion and generosity of this community.

The Boeing Classic has become a week that the TOUR players look forward to each year and it would be impossible to sustain and improve upon such high expectations without the hard work and 'can do' attitude exhibited by our volunteer base.

## **The Boeing Saddle Club - A Night at the Races at Emerald Downs on June 17<sup>th</sup>.** *Note: Membership in Boeing the Saddle Club is not required.*

This venue offers a perfect setting to spend time with family and friends  
The room offers panoramic view of the track and Mt. Rainier.

The amazing bareback native American relay teams will also race that that night.

Full service and self-service wagering terminals are available so you can place your winning bets quickly and conveniently. A bartender dedicated to our guests is provided. We expect there to be about 40 people. Children are welcome.

### **THE PACKAGE INCLUDES: ADMISSION, OFFICIAL PROGRAM, OFFICIAL TIP SHEET, AND MEAL SERVED INSIDE OUR ROOM.**

Adults -\$73.81 tax and tip included

For example, an 8-year-old would be \$28.41 tax and tip included

#### **SNACKS UPON ARRIVAL**

Homemade Kettle Chips with Onion Dip Fresh Popped Kettle Corn

#### **APPETIZERS**

Tropical Fresh Fruit Display, Artichoke Crostini ,Sweet and Sour Meatballs

#### **MAIN COURSE**

Grilled Caesar Salad w/Parmesan Croutons Cuban Pork Medallions with Citrus Mojo Sauce  
Chicken Piccata Grilled Vegetables Harvest Wild Rice

*(Continued on page 6)*

**DESSERT**

Rum Pound Cake Assorted Cookies Coffee, Tea, Water

**Contact: Milton and Linda Piatok**  
*applepia@msn.com*

**Blueberries For Bellevue!**

*By EHC volunteer Barb Williams*

**Blueberry Facts:**

**Blueberries:** genus *Vaccinium*.

**Swamp blueberries:** *Vaccinium corymbosum* prefer year-round wet acidic peat mixed with sand.

**Upland varieties:** *V. pennsylvanicum* prefer acidic sandy soils subject to seasonal drought. The necessary presence of a root-fungus supplies nitrogen.

Children in blueberry field, Bellevue (2002.135.001)



A Journal American 1996 article stated: blueberries are the only indigenous North American fruit grown in large commercial quantities; Washington produces about 6.2 million pounds of blueberries annually and ranks fifth behind Michigan, Maine, New Jersey and North Carolina in production. The oldest living blueberry bush (10,000 years) is located at Losh Run, Pennsylvania.

Bellevue owns two major blueberry farms: The Overlake Blueberry Farm at the Mercer Slough; the Larsen Lake Blueberry Farm at Larsen Lake. Historically, indigenous peoples gathered wild blue huckleberries at Larsen Lake. Both Bellevue farms are organic (no pesticides or fertilizers), U-pick and sell produce. Roger Hoesterey, Bellevue City Parks Department and Resource Manager (1990s), helped preserve these lands as farmland ecology sites and for blueberry production. They total 36 acres (Larsen Lake/Blueberry Lake = 14, Overlake/Mercer Slough = 22), have approximately 24,000 plants that yielded an estimated average per year of 35,270 pounds of “U-pick” blueberries, and 8,594 pounds of “over the counter” blueberries from 2006 to 2016.

Blueberries are relatively easy to grow, harvest, transplant, store, pack, and ship making them a productive commercial crop.

Historic Perspective:

After extensive research, Louis Weinzril, a chemist and bacteriologist, bought a 45-acre farm in Bellevue (1944) on which to grow blueberries. He and his wife named the farm, Blueberry Lake Farm which was later renamed Larsen Lake to honor Ove Peter and Mary Larsen, the original owners. Louis planted nine varieties of blueberries and hired teenagers who were paid \$600 to \$1,000 a year. In 1957, they picked 50 tons of berries and shipped them to many states.

W.D. Sydnor, a horticulturalist for the Southern Railway, introduced blueberries to Bellevue in 1933 when he planted four acres of berries on his land at 108th just east of the current Barnes and Noble store. His plants came from all over including China, Maine and Florida. He could net a thousand dollars per acre, sold to the dinner trains and hired five to ten pickers. He believed upland blueberries, like his, were sweeter than swamp/bog blueberries. He grew nickel-sized berries and farmed from 1933 to 1944.

M. Lee Dennison and Ernie Van Tine believed the blueberry would be the opportunity crop for the next half century, Puget Sound would become the greatest global blueberry-growing area and the Mercer Slough one of the most productive. In 1947 Dennison moved his Des Moines plants to the Mercer Slough and the Overlake Blueberry Farm was born. In the 1980s the City of Bellevue purchased the lands.



Overlake Blueberry label, 1947

Different people have leased the Larsen Lake and Overlake blueberry farms from the City of Bellevue since the city purchased the lands in the 1940s and 1980s. Ted and Nancy Harding (1980-1994) and Bill Pace (2001-2016) worked the lands and managed the produce stands at the Overlake farm. A piano tuner, Tim Randall, leased the Larsen Lake farm (1984-1990). Dale Christensen of Christensen Farms worked the Larsen Lake and Overlake farms in 1999 with an expected yield of 140,000 pounds of berries. The Cha New Life Garden group of Cha Family Farms presently operates the fruit and produce stand at Larsen Lake. Currently, the City of Bellevue manages the crops for both farms.

After World War II, the blueberry displaced the strawberry as the Bellevue fruit. The annual Blueberry Festival (1951 to 1961) replaced the Strawberry Festival. Blueberry pies and a Blueberry Festival Princess crowned the celebration. Arthur's Bakery baked all the pies from 1957-1959 using Overlake Blueberry Farm berries in their recipe for "Arthur's Blueberry Festival Pie".

*(Continued on page 8)*

Today one can hear happy chatter in multiple languages among the blueberry bushes as people of all ages gather to pick, converse and experience the delights of outdoor activity. It is thanks to Bellevue and its visionaries that the blueberries and local farm history has been preserved for the public to enjoy.

## **Social Security Today & Tomorrow**

*Submitted by: Micki Brown*

How to get help from Social Security Local Social Security offices are offering more in-person appointments and have resumed in-person service for people without an appointment.<sup>1</sup> As we expand in-person service, we expect our offices to be very busy. We strongly encourage you to continue to go online, call us for help, and schedule appointments in advance.

- The best way for people with access to the internet to get help from Social Security is online at [www.ssa.gov](http://www.ssa.gov). Going online or calling us can save you a trip to a busy office.
- If you cannot use our website, call our National 800 Number (1-800-772-1213) or your local Social Security office for help. For quicker access to a representative at our National 800 Number, try calling early in the day (between 8 a.m. and 10 a.m. local time) or later in the afternoon (between 4 p.m. and 7 p.m. local time). We are also less busy later in the week (Wednesday to Friday) and later in the month.
- If we are unable to help when you call our 800 number or local office, we will schedule an appointment for you by phone or in person. • We may need to schedule you for an appointment at a later date or call you back to provide the service you are requesting.
- The number of people a local office can help in person will depend on local health conditions and other factors. What you should know before you visit If you visit an office, please keep these very important points in mind:
- Our offices are very busy and wait times without an appointment can be long. We tend to be less busy later in the day, later in the week, and later in the month.
- Appointments are strongly recommended, though we continue to help people without one. An appointment reduces your wait time and ensures you know what documents to bring, so we can help you quickly in one visit.
- You must complete a self-assessment checklist to see if it is safe for you to enter an office.

*1 View a list of offices closed to in-person service (telephone only) or providing in-person service only by appointment at our Office Closings and Emergencies webpage.*

- Everyone must wear a mask. We will provide a mask if you do not have one. • Hand sanitizer is available.
- You may need to wait outside because space in our offices may be limited. Please plan for the weather.



- We ask that you come alone unless you require help with your visit. If you require help, we can only permit one adult to join you. Children are allowed.
- If you do not have an appointment, you should expect long lines, especially during the busiest times in our offices: Mondays, the morning after a Federal holiday, and the first week of the month. What to know about hearings If you are thinking about appealing a decision, or you have an appeal pending, we want you to know you have options that could help you have your hearing sooner.
- We resumed offering some in-person hearings and we continue to offer hearings by online video and by phone. Online video hearings and telephone hearings are convenient, safe, and secure. Learn more about hearings options.
- We continue to increase the number of in-person hearings. As our capacity grows, we will move to a more normal scheduling process. Additional Resources We have additional information on our Coronavirus Disease (COVID-19) webpage. Is it time for your COVID-19 vaccine booster? Find free vaccines near you at [www.vaccine.gov](http://www.vaccine.gov) .

## Bits and Pieces

### Bubble Book (97.8.37)



Created in 1917,” the “Bubble Book” was one of the first products to combine the world of book publishing with the new recording industry.

Three of the book’s pages doubled as record sleeves and each of these sleeves contained a miniaturized record, which sang aloud the printed nursery rhymes.



**PICKLES**



**BY BRIAN CRANE**



**Calendar of Events 2022**  
**In Person Meetings**

<i>Jan 28</i>	<i>Chapter Monthly Meeting</i>
<i>Feb 25</i>	<i>Chapter Monthly Meeting</i>
<i>Mar 25</i>	<i>Chapter Monthly Meeting</i>
<i>Apr 29</i>	<i>Chapter Monthly Meeting</i>
<i>May 27</i>	<i>Chapter Monthly Meeting</i>
<i>Jun 24</i>	<i>Chapter Monthly Meeting</i>
<i>Jul 29</i>	<i>Chapter Monthly Meeting</i>
<i>Aug 26</i>	<i>Chapter Monthly Meeting</i>
<i>Sept 30</i>	<i>Chapter Monthly Meeting</i>
<i>Oct 28</i>	<i>Chapter Monthly Meeting</i>
<i>Nov 18</i>	<i>Chapter Monthly Meeting</i>
<i>Dec 16</i>	<i>Chapter Monthly Meeting</i>

**Food Bank Schedule For 2022**

Cash donations collected at each monthly meeting to be given to a different food bank each month.

<i>January</i>	<i>Highline</i>	<i>Heinz Gehlhaar</i>
<i>February</i>	<i>Bellevue</i>	<i>Doug Hoople</i>
<i>March</i>	<i>Federal Way</i>	<i>Lonnie Stevenson</i>
<i>April</i>	<i>Maple Valley</i>	<i>Vaughn's</i>
<i>May</i>	<i>Kent</i>	<i>Melinda Stubbs</i>
<i>June</i>	<i>Auburn</i>	<i>Martha Battles</i>
<i>July</i>	<i>West Seattle</i>	<i>Heinz Gehlhaar</i>
<i>August</i>	<i>Tacoma</i>	<i>(open}</i>
<i>September</i>	<i>Renton</i>	<i>Eleanor Skinner</i>
<i>October</i>	<i>White Center</i>	<i>Heinz Gehlhaar</i>
<i>November</i>	<i>Des Moines</i>	<i>Lonnie Stevenson</i>
<i>December</i>	<i>Issaquah</i>	<i>Eleanor Skinner</i>

**Bluebills - Heritage Chapter**  
**PO Box 3707 M/C 1K-B02**  
**Seattle, WA 98124**  
**(206) 544-6286**

e-mail: [bluebills@boeing.com](mailto:bluebills@boeing.com)

Web Site: [www.bluebills.org](http://www.bluebills.org)

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|------------------|--|
| Richard Vaughn   | <b>Vice-Chairman</b><br><a href="mailto:rhvaughn32@icloud.com">rhvaughn32@icloud.com</a>                             |
| (Open)           | <b>Vice-Chairman</b><br><a href="mailto:bluebills@boeing.com">bluebills@boeing.com</a>                               |
| (Open)           | <b>Agency Relations/<br/>Volunteer Coordinator</b><br><a href="mailto:bluebills@boeing.com">bluebills@boeing.com</a> |
| Lonnie Stevenson | <b>Public Relations</b><br><a href="mailto:icebear01@comcast.net">icebear01@comcast.net</a>                          |
| Norma Vaughn     | <b>Office Manager</b><br><a href="mailto:abbyrose00@msn.com">abbyrose00@msn.com</a>                                  |
| (Open)           | <b>Community Outreach</b><br><a href="mailto:bluebills@boeing.com">bluebills@boeing.com</a>                          |
| (Open)           | <b>Education</b><br><a href="mailto:bluebills@boeing.com">bluebills@boeing.com</a>                                   |
| Marcia Phelps    | <b>Historian</b><br><a href="mailto:mlp14331@hotmail.com">mlp14331@hotmail.com</a>                                   |
| Dick Beham       | <b>Computers</b><br><a href="mailto:bluebills@boeing.com">bluebills@boeing.com</a>                                   |
| Dick Beham       | <b>Newsletter—Webmaster</b><br><a href="mailto:bbbeditor@live.com">bbbeditor@live.com</a>                            |
| Mary Ulibarri    | <b>Newsletter Co-Editor</b><br><a href="mailto:marybarri20@gmail.com">marybarri20@gmail.com</a>                      |
| Janice Hawes     | <b>Busy B's</b><br><a href="mailto:j.s.hawes@comcast.net">j.s.hawes@comcast.net</a>                                  |
| Jim Beasley      | <b>Speaker Coordinator</b><br><a href="mailto:jimcarlab@hotmail.com">jimcarlab@hotmail.com</a>                       |
| (Open)           | <b>School Supplies for Children</b><br><a href="mailto:bluebills@boeing.com">bluebills@boeing.com</a>                |

**Don't Forget to  
Report Your Hours!**

# Bluebills Heritage Chapter Meeting



**May 27, 2022 10:00AM**

**Social 10:00AM, Meeting 10:30 - 11:30AM**



**Presenter: Pastor, The Salvation Army**

**Subject: History review and changing of the organization to meet the needs of the world and the future.**

*Coffee and Cookies (donated by Lake Shore Retirement Community)*

*Bring a non-perishable food item to monthly meetings to be given to a different food bank each month.*

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

## Bluebills Monthly Volunteer Hours

**Volunteer Name** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ **For** \_\_\_\_\_  
(month/year) (agency name)

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ **For** \_\_\_\_\_  
(month/year) (agency name)

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ **For** \_\_\_\_\_  
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 1K-B02, Seattle, WA 98124  
Email to bluebills@boeing.com or bring to Bluebills monthly meeting